

STAMFORD HEALTH SYSTEM

JOB DESCRIPTION

TITLE: Psychiatric Technician
DEPARTMENT: Nursing- Psychiatry
REPORTS TO: South 1 Nurse Manager
EDIT DATE: May 2011, May 2014, June 2015

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| <i>For Human Resource use only</i> |
| <u>SALARY RANGE</u> |
| <u>JOB #</u> |
| <u>FLSA</u> |
| <u>EEO</u> |
| <u>AAP</u> |

JOB SUMMARY:

The Psychiatric Technician is responsible for providing a safe, supportive and therapeutic environment for psychiatric patients, and to assist with the provision of basic patient care needs. In cooperation with other health team members, the Psychiatric Technician participates in implementing a care plan designed to meet the specific therapeutic goals of the patient. Some physical labor is involved related to assisting patients with bathing, and restraints.

MAJOR ACCOUNTABILITIES/CRITICAL RESPONSIBILITIES:

1. Assists with maintaining a safe and hazard free environment by reporting unsafe conditions to the supervising nurses.
2. Demonstrates the ability to respond efficiently, calmly and take appropriate action during a crisis and any emergency situations.
3. Understands and demonstrates therapeutic boundaries while developing a therapeutic/supportive relationship with patients and their significant others.
4. Demonstrate the ability to perform patient rounds and report clinical or customer service related issues to supervising staff in a timely fashion.
5. Observes and documents patient behaviors.
6. Formulates a plan and assists peers, to meet the basic care needs of patients and participates in Activities of Daily Living performance.
7. Assists the Charge Nurse with admission of new patients and coordinating a safe transition.
8. Assists the Charge Nurse and facilitates safe discharge of patients.
9. Assists in the formulation of behavioral care plans and ensures that the behavioral care plans are followed
10. Assists the Activities Therapist and Charge Nurse in coordinating group therapy for patients while assuming lead role for facilitating groups.
11. Demonstrates the ability and competency to monitor acute patients; Ford Wing, Psych Hold, 1:1, Timeouts, Seclusion/Restraints, while upholding policies and role modeling safe practices for peers.
12. Participates in monthly staff meetings and program planning meetings.
13. Actively participates in Unit based Practice Council.
14. Promotes and facilitates Unit based Strategic Action Plan and Goals.

Performs other related duties as assigned or requested in order to maintain a high level of service.
Completes required continuous training and education, including department specific requirements.
Demonstrates professional work behavior by following Service Standards and Success factors. Complies with departmental organizational policies and procedures and adheres to external agency requirements.

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QUALIFICATIONS/REQUIREMENTS:

- Associates degree in related field or at least one year of work experience in a related job. Bachelor's degree in related field preferred.
- 1 but less than 3 years experience required.
- Requires ability to extract/interpret information and/or perform arithmetic functions.
- CPI and CPR Certification
- May require typing, CRT, record keeping, word processing, or basic medical terminology.

PATIENT POPULATION SERVED:

Adolescence (13-17 years)

Adult (18-64 years)

Geriatric (65 plus years)

MANUAL SKILLS:

Some portions of daily assignments involve application of manual skills requiring motor coordination in combination with finger dexterity (e.g. typing, machine operations, or use of hand and/or power tools in various crafts and trades).

PHYSICAL EFFORT:

Some portions of daily assignments involve prolonged standing, transporting material, equipment, patients, or lifting, moving, or carrying heavy (over 30 pounds) for intermittent periods throughout the day

PHYSICAL ENVIRONMENT:

Some portions of daily assignments involve exposure to dirt, odors, noise, or include patient care responsibilities with exposure to human waste, body fluids and similar elements. Working surfaces may be un-level, slippery or unstable. Some portions of daily assignments involve occupational risk such as exposure to potentially aggressive patients, cuts, needle punctures, burns, exposure to toxic chemicals, injuries from falls or back injury sustained while assisting with moving, lifting or positioning patients, equipment or materials.

Performs other related duties as assigned or requested in order to maintain a high level of service.

Completes required continuous training and education, including department specific requirements. Demonstrates professional work behavior by following Service Standards and Success Factors.

Complies with Departmental organizational policies and procedures and adheres to external agency requirements.

Performs other related duties as assigned or requested in order to maintain a high level of service.

Completes required continuous training and education, including department specific requirements.

Demonstrates professional work behavior by following Service Standards and Success factors. Complies with departmental organizational policies and procedures and adheres to external agency requirements.