



More Skills. More Success.

## Handling Failure In & Out Of The Classroom - Action Plan

### Part 1: Know Your College's Policies.

Find your college's policies about failing a class and/or failing a term.  
Add the appropriate information here:

### Part 2: Review of Failure.

**List 3 things that failure IS:**

1.

2.

3.

**List 3 things that failure ISN'T:**

1.

2.

3.

Think about a time that you have “failed” in the classroom or in college and answer the following questions:

- What happened?
- What caused this failure?
- How did it make you feel?
- What could you have done differently?
- What did you learn?
- Did anything good come from this failure?
- How do you feel now about the situation?

**If you do fail something in college, what are some next steps you can take? Write them down.**

Failed a test – Possible actions:

1.
2.
3.

Failed a class – Possible actions:

1.
2.
3.

Failed a term – Possible actions:

1.
2.
3.

### Part 3: Failure in everyday life.

**Although we have been discussing failure in college, the same reflection and analysis can apply to everyday mistakes and failures.**

Think about a time that you have “failed” or made a mistake in everyday life and answer the following questions:

- What happened?
- What caused this failure?
- How did it make you feel?
- What could you have done differently?
- What did you learn?
- Did anything good come from this failure?
- How do you feel now about the situation?