Steps to Success – SMART Academic Goals

COLLEGE It’s not a dream, it’s a plan!

A new semester means a fresh start for many students. It’s the ideal time to sit down and develop SMART academic goals. SMART goals are Specific, Measurable, Achievable, Relevant, and Timely. They help you identify not just what you want but also why you want it, how you are going to get it, and how you know when you’ve got it. Having a complete and clear picture makes the goal more realistic and attainable.

**S**pecific
Describe your goal:
________________________________________________________________________
________________________________________________________________________

**M**easurable
How can you track your progress?
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

**A**chievable
Who is going to help you with your goals?
________________________________________________________________________

Who will be your accountability partner?
________________________________________________________________________

When will they check in with you?
________________________________________________________________________

**R**elevant
List the skills or resources you will need in order to meet your goals.
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

**T**imely
Goal for check in date 1
_____________________
_____________________
When?_____________

Goal for check Progress Report
_____________________
_____________________
When?_____________

Goal for check in date 2
_____________________
_____________________
When?_____________