Smoking Cessation

CONNECTICUT QUITLINE
410 Capitol Avenue
DPH Tobacco Use Prev. & Control Program
Hartford, CT 06134-0308
(800) 784-8669 Voice  800-QUIT-NOW
http://www.quitnow.net/connecticut/

BRIDGEPORT HOSPITAL - COMMUNITY SERVICES
267 Grant Street
Bridgeport, CT 06610
(888) 357-2396 Voice
(203) 384-4728 TTY
http://www.bridgeporthospital.com
Quit Smart Stop Smoking Cessation Class

SAINT VINCENT'S MEDICAL CENTER - SWIM ACROSS THE SOUND
2800 Main Street
Bridgeport, CT 06606
(203) 576-5451 Voice
http://www.swimacrossthesound.org
Teen Smokestoppers Program

BRISTOL HOSPITAL - INFOLINK
PO Box 977
Bristol, CT 06011
(860) 585-3661 Voice
(860) 583-3833 TTY
http://www.bristolhospital.org
Smoke Stoppers

DANBURY HOSPITAL - PHYSICIAN REFERRAL SERVICE
24 Hospital Avenue
Medical Affairs Office
Danbury, CT 06810
(800) 516-3658 Voice
http://www.danburyhospital.org
Quit Now
AMERICAN LUNG ASSOCIATION OF NEW ENGLAND
45 Ash Street
East Hartford, CT 06108-3272
(800) 586-4872 Voice  800-LUNG-USA - Lung HelpLine
(860) 289-5401 Voice
http://www.lungne.org
Freedom From Smoking

GREENWICH HOSPITAL - COMMUNITY HEALTH
25 Valley Drive
Greenwich, CT 06830
(203) 863-3627 Voice
(203) 863-3839 TTY
http://www.greenhosp.org
Smoke Stoppers for Smokers Who Want to Quit or Cut Back

LEDGE LIGHT HEALTH DISTRICT
943 North Road
Groton, CT 06340
(860) 448-4882 Voice
http://www.ledgelighthd.org
Freedom from Smoking

VNA COMMUNITY HEALTHCARE
753 Boston Post Road Suite 200
Guilford, CT 06437
(203) 458-4239 Voice  Wellness Center
http://www.connecticuthomecare.org
Freedom From Smoking

HARTFORD GAY AND LESBIAN HEALTH COLLECTIVE (HGLHC)
1841 Broad Street
Hartford, CT 06114
(860) 278-4163 Voice
http://www.hglhc.org
Ryan White Part A: Smoking Cessation Program

HARTFORD HOSPITAL - SOCIAL WORK DEPARTMENT
85 Jefferson Street Suite 717
Hartford, CT 06102-5037
(860) 545-2966 Voice
http://www.harthosp.org
Resources for Smokers - Community Education Group
HARTFORD HOSPITAL - STOP SMOKING FOR LIFE COMMUNITY PARTNERS
80 Seymour Street
Hartford, CT 06102-5037
(860) 545-3127 Voice
http://www.harthosp.org
Smoke Free for Life Group Support

SAINT FRANCIS HOSPITAL AND MEDICAL CENTER - PROGRAM INFORMATION
AND REGISTRATION - HEALTHCONNECT
114 Woodland Street
Hartford, CT 06105
(877) 783-7262 Voice 1-877-STFRANCIS
http://www.saintfranciscare.org
Break Free from Smoking

MIDDLESEX HOSPITAL - CENTER FOR CHRONIC CASE MANAGEMENT
80 South Main Street
Middletown, CT 06457
(860) 358-3000 Voice
(888) 447-6217 Voice
http://middlesexhospital.org

NEW BRITAIN GENERAL CAMPUS HOSPITAL OF CENTRAL CONNECTICUT -
HEALTH PROMOTION
100 Grand Street
New Britain, CT 06050
(860) 224-5433 Voice
http://www.thocc.org
Quitting Time

YALE UNIVERSITY SCHOOL OF MEDICINE - CENTER FOR CLINICAL
INVESTIGATION
950 Campbell Avenue
VA Conn. Healthcare System
New Haven, CT 06519
(203) 932-5711 ext. 2997 Voice
http://ycci.yale.edu/about/index.html
Mindfulness Training For Smoking Cessation
YALE UNIVERSITY SCHOOL OF MEDICINE - CENTER FOR NICOTINE AND TOBACCO USE RESEARCH AT YALE
34 Park Street Sac-203
New Haven, CT 06511
(203) 974-7588 Voice
(203) 974-7591 Voice
http://www.quitwithyale.org
Naltrexone/Patch Study

YALE UNIVERSITY SCHOOL OF MEDICINE - DEPARTMENT OF PSYCHIATRY
34 Park Street Sac S-212
New Haven, CT 06519
(203) 974-7603 Voice
http://info.med.yale.edu/ysm
Tenex/Guanfacine Study

YALE UNIVERSITY SCHOOL OF MEDICINE - TOBACCO RESEARCH IN YOUTH
34 Park Street Suite 210
New Haven, CT 06511
(203) 974-7555 Voice
http://info.med.yale.edu/ysm
TRY (Tobacco Research in Youth)

LAWRENCE & MEMORIAL HOSPITAL - COMMUNITY EDUCATION
365 Montauk Avenue
New London, CT 06320
(860) 442-0711 ext. 4284 Voice
http://www.lmhospital.org
Freedom from Smoking

UNITED STATES DEPARTMENT OF VETERANS AFFAIRS- CONNECTICUT HEALTHCARE SYSTEM, NEWINGTON CAMPUS
555 Willard Avenue
Newington, CT 06111
(860) 666-6951 Voice
(877) 222-8387 Voice Nat'l # for referral to closest facility & med.benefits info
(866) 808-7921 Voice
http://www.connecticut.va.gov/

TOWN OF NORTH HAVEN- COMMUNITY SERVICES AND RECREATION
5 Linsley Street
North Haven, CT 06473
(203) 239-5321 ext. 780 Voice Community Services
http://www.town.north-haven.ct.us
NORWALK HOSPITAL - SMOKING CESSION
34 Maple Street
Norwalk, CT 06856
(203) 852-2484 Voice
http://www.norwalkhosp.org
Stop Smoking

SHARON HOSPITAL - GOOD NEIGHBORS - THE COMMUNITY HEALTH PROMOTION PROGRAM
One Low Road
Sharon, CT 06069
(860) 364-4498 Voice
(800) 666-6885 Voice
http://www.sharonhospital.com
Quit Smoking Program

STAMFORD HOSPITAL - HEALTH CALL
30 Shelburne Road
Stamford, CT 06904
(877) 233-9355 Voice  877-233-WELL
(203) 276-7900 Voice
http://www.stamfordhospital.org
Freedom from Smoking

CHARLOTTE HUNGERFORD HOSPITAL - PULMONARY EDUCATION
780 Litchfield Street
The Hungerford Center
Torrington, CT 06790
(860) 496-9381 Voice
http://www.charlottesweb.hungerford.org
Freedom from Smoking

SAINT MARY'S HOSPITAL - HEART CENTER OF GREATER WATERBURY
1075 Chase Parkway
Waterbury, CT 06722
(203) 575-1992 Voice
http://www.heartcentergw.org
Freedom From Smoking

GENERATIONS FAMILY HEALTH CENTER
1315 Main Street Suite 2
Willimantic, CT 06226
(860) 450-7471 Voice  By appointment only; Answering service after hours
http://www.genhealth.org
OTHER STATE QUIT LINES

Outside of Connecticut, similar smoking cessation programs can be found in other states. Smokefree.gov (http://smokefree.gov/), a website created by the National Cancer Institute (NCI), has a map guide to locating local phone numbers and websites for each state’s program. The website also contains NCI’s national telephone quitline and instant messaging service, a step-by-step smoking cessation guide and downloadable publications.

**Tobacco Quit Line** – 800-Quit-Now or 800-784-8669 or www.quit.now.net/connecticut

**Community Health Center – Norwalk**
49 Day Street
Norwalk, CT 06854
Phone - 203-969-0802 Ext. 7270
Hours: Monday – Friday 8:30 a.m. – 5 p.m. – Call for exact times.

**American Lung Association**-800-548-548-8252