



Extended Studies & Workforce Education Division Norwalk Community College Homemaker Companion Health Care Career Program

This course will prepare students for entry-level positions in the field of health care. Students will have the opportunity to assist elders in maintaining their independence through in-home services. A variety of job opportunities are available to homemakers and companions trained to meet this important community need. Students will learn skills including roles and responsibilities, positive communication techniques, professional behavior, fall prevention, how to avoid ageism, cultural sensitivity, escorting and transporting clients, how to communicate with someone diagnosed with Alzheimer's, nutrition, and meal preparation. The course is taught in an interactive environment by a diverse staff and is offered in partnership with the Southwestern CT Agency on Aging, which promotes quality of life, dignity and independence for older adults in Fairfield County.

<u>Course</u>	<u>Total Hours</u>	<u>Total Sessions</u>	<u>Tuition*</u>	<u>Textbook</u>
Homemaker Companion	18	6	\$149	N/A
Customer Service for Health Care Professionals	15	5	\$149	N/A

*Tuition subject to change.

Please refer to the Extended Studies & Workforce Education current catalog for course specifics (tuition, start date, class time slot and location).

Employment Related Information

- Certificate holders will find employment opportunities as basic home care assistants and care aides. Their primary roles will be centered around basic assisted living as opposed to medical support (some medical skills will be necessary)
- Job Search Keywords:

homemaker companion, caregiver, companion, personal assistant, home health care aide, companion aide
- O*NET: A tool for career exploration and job analysis!

O*NET Online has detailed descriptions of the world of work for use by job seekers, workforce development and HR professionals, students, researchers, and more! <https://www.onetonline.org/>
Type in Homemaker Companion in "Keyword or O*NET-SOC Code"

Date Created: 7/31/15
Date Updated: 11/17/16